**Congratulations**. By Purchasing The Lemurian Plug you have acquired a powerful new friend and ally for today’s energetically and chemically polluted world. Since it is a stationary device intended to improve the energy of living, sleeping and working spaces and you are anything but stationary, your first act should be to change the energies of your ***cell*** phone *(*and/or***cellular*** tablet*)* so that it more safely links you to your world. The Plug has arrived fully activated. Place The Plug on top of your phone or tablet. After 4 min your *cellular* device will be energetically optimized. Continue to recharge your phone battery as usual. If there is ever a total loss of battery power in the phone, please repeat the above optimization process after battery power is restored.

Now your optimized cellular phone has been transformed from a potentially harmful device into your portable Lemurian Frequency carrier and healing device! Your cellular phone is now at the center of a ten foot diameter sphere that is The Lemurian Frequency!

**How to use The Plug:** The Lemurian Plug is the carrier of The Lemurian Frequency. It does not need, use or run on electricity. Since The Lemurian Frequency is attracted to live, flowing, electric current, if we place it in close proximity to the house wiring, The Frequency will piggyback and spread throughout the home. If you live in a country that uses 220V electricity, please secure The Lemurian Plug to an outlet using enclosed Velcro with its prongs projecting into the room. The close proximity of The Plug to the live wiring allows The Frequency to piggyback onto the electric system and is sufficient to improve the energies of an indoor environment. If you live in the U.S. or any country with a 110V electrical supply, insert The Plug into any out-of-the-way outlet. Please do not plug anything into the outlet on The Lemurian Plug as it has been switched “off” and no current should flow through it. Note; Plugs that are plugged in are capable of receiving stray RF remote transmissions which can switch the outlet “on” and “off”. “On” is indicated by a red light beneath the logo sticker. This does not affect The Lemurian Plug performance in any way. If the light comes on and is an annoyance or distraction, you may attach The Plug with prongs out as the 220v users are instructed to do.

It takes about 2 days for each Plug to harmonize the energies of a home, Within about 48 hours it will have changed and harmonized the wiring, plumbing and energies of the fabric of the building itself, the walls and paint, carpets and floors, upholstery finishing sprays, furniture foam, electrical and electronic equipment and appliances etc. Other environmental effects noticed by some are their food staying fresh longer and tasting better, needing to dust and clean glass tabletops less often and electricity usage may be **reduced**.

**Spread the Energy:** Plug-energized cell phones can optimize the energy of what we eat, drink, prepare and serve, the food, coffee, juices and water we buy or consume anywhere, no matter the container. In fact, the more objectionable the material of which a container is made or the manner of cultivation, preparation or storage, the more important and beneficial its effects can be.

Food stored in a Plug energized space is optimized within 48 hrs. If you wish to consume food you just bought, place your cell phone safely underneath it. Reports are that, depending upon the quantity and type, even a few seconds up to 30 min seem to be enough.

We have users’ testimonials on the website, for the purpose of this instruction sheet however we can summarize those by saying that many users of The Plug sing its praises. Results may vary.

Users report:

--Greater ease, harmony and clarity at home and at work with a positive shift of energy;

--Better sleep. Some with a long history of sleeplessness achieving their success after actually zigzagging 1 or more safe extension cords under their beds;

--Reduced inflammation;

--Fewer aches and pains thanks to putting the phone on painful areas and/or wrapping a safe extension cord around the painful area several times for several “sessions” of some duration

--Eliminating the redness, swelling and itch of bug bites by putting their phone on for 1 - 4 min;

--Happier, healthier in-home pets

--Fresh fruits and vegetables taste better and last longer

**Externally**, the frequency emitted by The Plug extends about 5 feet from walls and from the safe, grounded outdoor extension cords. You can use it in the garden for the benefit of plants and trees and/or as an annoyance to mosquitoes and other pests.

As you experience these user-friendly energies you will create your own happy stories and share them with us at **lemurianplug@gmail.com**!

Your first name and state or country will be all that is published on the website.

To get current pricing **REORDER**  from [**www.TheLemurianPlug.com**](http://www.TheLemurianPlug.com) *Or* send Money Order to;

**The Plug,** 1155 S Power Rd, Ste 114-1, Mesa AZ 85206

 (include e-mail to receive tracking information)

Revised 12/19